## FOR DOMESTIC ENDERGY STIC

Working Together to End Domestic Violence

Abuse is Not Always Physical



Speaker: Meghan Kehoe, Children and Youth Community Program Division Director

## Disclosures:

- 1. Asking: What in the system allowed this to happen? vs. Complaining about an individual's response
- 2. No discussion of active cases
- 3. Focus on identifying improvements that will increase victim safety and abuser accountability PLUS send message to community 24/7 help

## Did You Know?

#### Domestic Violence is the #1 Violent Crime in Marin County

#### ALSO:

In the U.S. women account for **85%** of the victims of intimate partner violence, men for approximately **15%**.<sup>5</sup>

In a national survey of American families, **50%** of the men who frequently assaulted their wives *also frequently abused their children*.<sup>6</sup>

# What is Domestic Violence?

A pattern of abusive behaviors used to exert power and control over an intimate partner.

### Types of Abuse

P E E S S S S



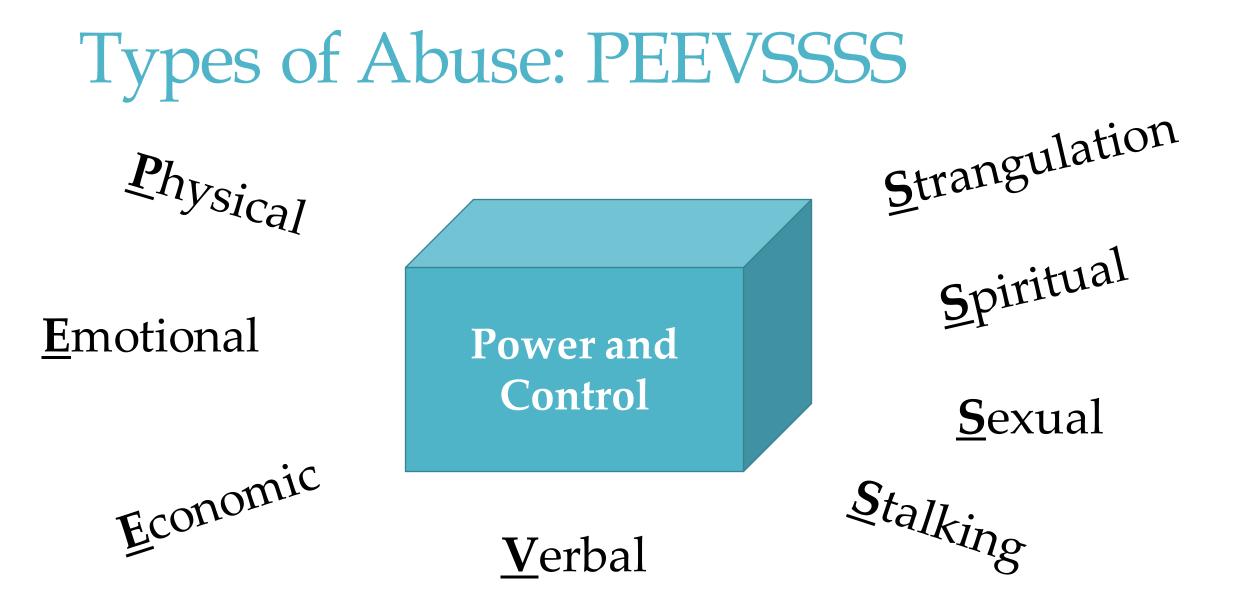
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Types of Abuse

**P**hysical Economic **E**motional Verbal **S**exual **S**trangulation **S**piritual **S**talking



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### THE 8 TYPES OF ABUSE: THE PEEVSSSS ARE YOU ABUSED?

## Q&A: Types of Abuse

Use the Q&A function on zoom!

Warning Signs: Are you with someone who...

#### **SUPERIORITY:** Does not listen to you

Tells you what to do?

Makes most of the decisions?

Does all the talking?

Blames you?

Puts you down or makes you feel stupid?

Tells you what to wear?

Pressures you to go the next step sexually when you're not ready?



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Warning Signs: *Are you with someone who...* 

### **POSSESSIVENESS:** Thinks you belong to them, even after

#### breaking up

- Is jealous & possessive?
- Checks up on you?
- Checks your cell phone or email without permission?
- Accuses you of cheating?
- Wants you all to themself?
- Puts down your friends and family?
- Scares you?
- Makes you afraid of his/her reactions?



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Warning Signs: *Are you with someone who...* 

#### HAS RIGID AND UNEQUAL GENDER ROLE EXPECTATIONS

- Expects girls to do the shopping, cooking and cleaning.
- Expects boys to be tough and strong.
- Expects girls to be weak and submissive.
- Expects girls to obey.
- Expects boys to make all decisions and be in charge.

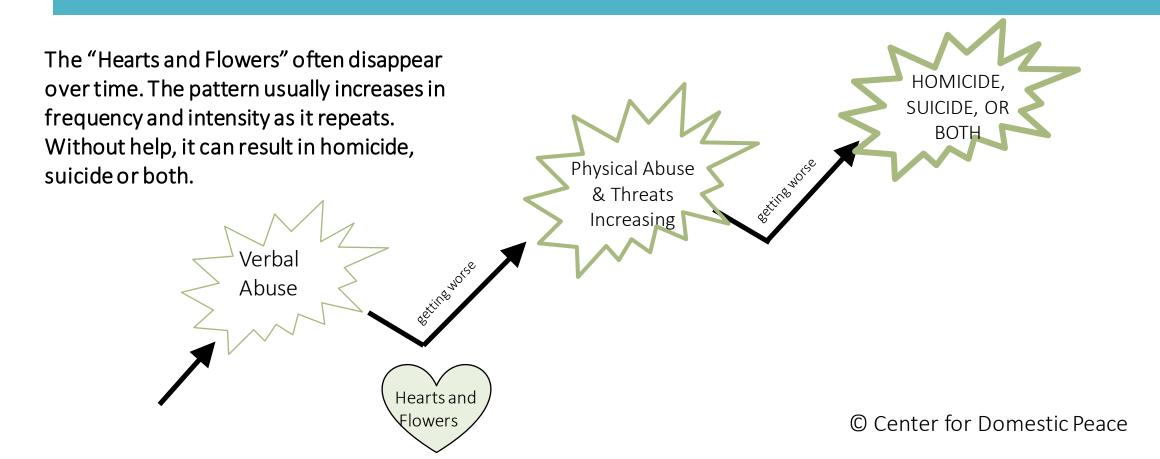


### WARNING SIGNS OF UNHEALTHY AND UNEQUAL RELATIONSHIPS

## Q&A: Warning Signs Use the Q&A function on zoom!

### The Pattern of Abuse:

This is the abusive controller's pattern; they have control over the frequency and severity.



## **PATTERN OF ABUSE**

## Q&A: Pattern of Abuse

Use the Q&A function on zoom!

What to do if you or someone you how needs help:

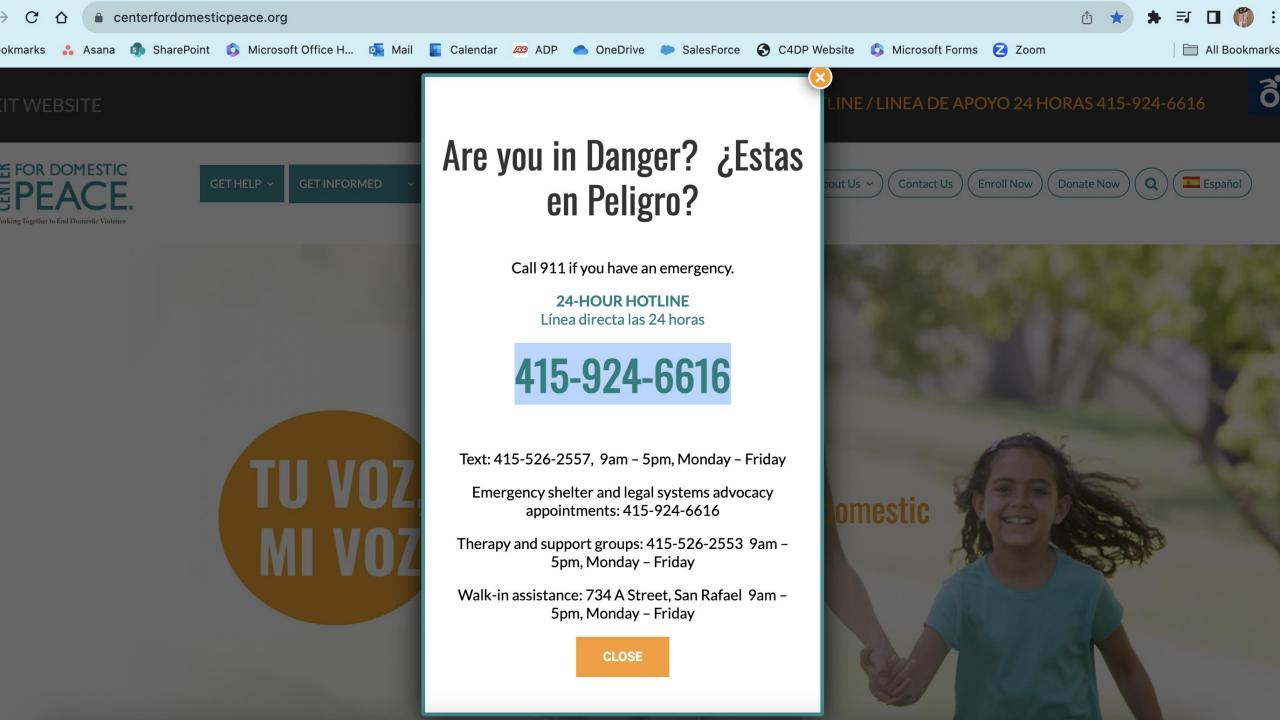
We encourage you to call 911 and report your abuse

or a Domestic Violence Hotline:

- National Hotline for Domestic Violence: 800-799-7233
- Center for Domestic Peace hotline: 415-924-6616

or visit our website at <u>www.c4dp.org</u>







(24) 24-HOUR HOTLINE / LINEA DE APOYO 24 HORAS 415-924-6616

FOR DOMESTIC PEACE.





## TU VOZ, MI VOZ

We lead a comprehensive community effort to end domestic violence in Marin County.









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#### EXIT WEBSITE

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C4DP Program Overview

Community Organizations That Can Help Now

Get Informed

**C4DP Information Packet** 

What is Domestic Violence

Signs of an Unhealthy Relationship

FAQs About Domestic Violence

Impact of Domestic Violence on Children/Youth

Legal Advocacy Services

Know Your Rights

Our Work to End Domestic Violence

Community Organizations That Can Help

Marin's Coordinated Community Response to Domestic \

How our Community is Responding

-Resources for Marin CCR

Strategies to Address Abuse in our Community

**Professional Trainings** 

Voces de Cambio. Voices of Change

For Schools

For Medical and Mental Health Professionals

Get Informed About

Programs to Stop Abuse (ManKind/WomenKind)

Animal Abuse

tic \ Impact of Domestic Violence on Children/Youth

**Teen Dating Abuse** 

Sex Trafficking

Sexual Assault

Stalking

LGBTQ and Domestic Violence

Immigrants

**Domestic Violence in Faith-Based Settings** 

Online and Computer Safety Tips to Protect Yourself

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#### **Domestic Violence Resources and Information Packet**

Below is a list of resources pertaining to domestic violence and abuse. Click on the name to download the PDF.

Click here for Spanish language packet.

Click here for videos in English and Spanish of the information below.

Warning Signs of Unhealthy and Unequal Relationships

**DV** Fact Sheet

The 8 types of Abuse\_PEEVSSSS

C4DP Services and Programs 2022

5 Ways You Can Assert Your Rights to Safety in Relationships

Are You Abusive?

Patterns of Abuse

Penal Codes and Definitions

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## Q&A: Getting help

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# Thank you